The declines of food in the United States of America

By C. M.

Have you ever wonder how you food was back in the early days? Well food in the United States has changed over years for the worst since World War 2.Ever since then food started getting unhealthy. People starting gaining weight and food policy has gotten worst over the years. Over years many people of us think fast food help many of us that don’t have the time to cook. Truth is that fast food and in general all the canned microwaved food is bad for us. Fertilized and fast food had a huge outcome of our society being unhealthy Schools now and days don’t have organic gardens. Many of us think that organic food is bad for us or unhealthy truth is that organic food is way heather than any fertilized food. Did you know that in 1910-1920 the government started influencing them to grow fertilized food instead of organic food so they could grow bigger and better crops. Organic food may be healthier but the only catch is that it cost more money than fertilized food The government as well as other people have goals. Just that there goal may not be the best. Their goal is to make bigger proportion of food and make them cheap. Yeah that may sound like a good idea but did you ever think of gaining weight cause yeah eating to much food can help gain weight and I don’t think you would like that or would you but probably not. We get really fat fast mostly cause our body is digesting more food than usual and doing so your body is going to start getting used to you eating a lot that your body is going to start demanding you for more that how we get fat .Did you know that average corn used I businesses in 1950 was 39 now its 453 wow that’s a lot that we gained didn’t we? Well one good advice don’t eat more than you have to. The government has corrupted our food services by doing so many of us had become obese. Did you that canned food was originally for the solders that where fighting in World War 2. As soon as they did that they found out that they could be making business selling canned food so that why we have canned food now. Well knowing that that makes me angry know that the government does that just to make money. Also it makes me angry cause did you know most fertilized food that we buy the fertilizer actually was made with ingredients they used to make bombs Well knowing everything I just said maybe you might consider eating organic food. To be honest even I have started eating organic food because of this I don’t mean to affined anyone but I was just saying the truth. Like I said in the bigging of this food in the United States have changed as the years pas by but for the worst. I think in the future if we don’t stop this we are all going to end up obese so please make sure you stay as healthy as you can I’m not saying to stop eating fast food all I’m saying is to make sure you don’t eat it way to much.